

Technical requirements for categories **ISU Judging System**

Season 2023-24



Warning: this is not the original document with rules and requirements. In case of doubts or misunderstanding, refer to the original documents.

The ISU Judging System (or the International Judging System (IJS)), occasionally referred to as the Code of Points (COP) system,[1] is the scoring system currently used to judge the figure skating disciplines of men's and ladies' singles, pair skating, ice dance, and synchronized skating. It was designed and implemented by the International Skating Union (ISU), the ruling body of the sport. This system of scoring is used in all international competitions sanctioned by the ISU, including the Olympic Games. The ISU Judging System replaced the previous 6.0 system in 2004. This new system was created in response to the 2002 Winter Olympics figure skating scandal, in an attempt to make the scoring system more objective and less vulnerable to abuse.[2]

Official ISU documents for the season 2022/23

- [ISU Constitution and general regulations 2022](#) - Rule 108 (age requirements),
- [Special regulations and technical rules 2021](#) - Rules 610-612 (single skating), 619-621 (pair skating), 701-711 (ice dance), 502 (program duration)
- [Communication No. 2474](#) - Levels of Difficulty and Guidelines for marking Grade of Execution and Program Components, Season 2022/23
- [Communication No. 2475](#) - SINGLE & PAIR SKATING Scale of Values season 2022/23
- [Communication No. 2494](#) - SINGLE & PAIR SKATING / ICE DANCE Some changes in General, Special Regulations and Technical Rules accepted by the 58th ISU Congress 2022
- [Communication No. 2489](#) - GUIDELINES FOR INTERNATIONAL NOVICE COMPETITIONS 2022/23

Categories

Senior

Junior



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Category Senior

Women

Age: since 16 years (born before 30/06/2007)

Short Program

2:40

Duration:
2 minutes 40 seconds

The Senior Short Program shall consist of the following required elements:

Jumps

- Double or triple Axel
- Triple jump
- Jump combination consisting of a double jump and a triple jump or two triple jumps

Spins

- Flying spin
- Layback/sideways leaning spin or sit or camel spin without change of foot
- Spin combination with only one change of foot

Steps

- Step sequence fully utilizing the ice surface.

Free Skating

4:00

Duration:
4 minutes

A well-balanced Free Skating program must contain:

Jumps

Maximum of seven jump elements (one of which must be an Axel type jump).

Spins

Maximum of three spins: * one of which must be a spin combination * one a flying spin or a spin with a flying entrance * one a spin with only one position

Steps

- maximum of one step sequence
- maximum of one choreographic sequence

Men

Age: since 16 years (born before 30/06/2007)

Short Program

2:40

Duration:
2 minutes 40 seconds

The Senior Short Program shall consist of the following required elements:

Jumps

- Double or triple Axel
- Triple or quadruple jump
- Jump combination consisting of a double jump and a triple jump or two triple jumps or a quadruple jump and a double jump or a triple jump

Spins

- Flying spin
- Camel spin or sit spin with only one change of foot
- Spin combination with only one change of foot

Steps

- Step sequence fully utilizing the ice surface.

Free Skating

4:00

Duration:
4 minutes

A well-balanced Free Skating program must contain:

Jumps

Maximum of seven jump elements (one of which must be an Axel type jump).

Spins

Maximum of three spins: * one of which must be a spin combination * one a flying spin or a spin with a flying entrance * one a spin with only one position

Steps

- maximum of one step sequence
- maximum of one choreographic sequence

Category Junior

Women

Age: 13 - 18 years (born between 01/07/2004 - 30/06/2010)

Short Program

2:40

Duration:

2 minutes 40 seconds

Jumps

- Double Axel Paulsen
- Double or triple Lutz jump
- Jump combination consisting of two double jumps (2-2) or one double and one triple jump (3-2) or two triple jumps (3-3)

Spins

- Flying sit spin
- Layback / sideways leaning spin or camel spin without change of foot
- Spin combination with only one change of foot

Steps

- Step sequence fully utilizing the ice surface

Free Skating

3:30

Duration:

3 minutes 30 seconds

A well-balanced Free Skating program must contain:

Jumps

Maximum of seven jump elements (one of which must be an Axel type jump)

Spins

Maximum of three spins: * one of which must be a spin combination * one a flying spin or a spin with a flying entrance * one a spin with only one position

Steps

Maximum of one step sequence

Men

Age: 13 - 18 years (born between 01/07/2004 - 30/06/2010)

Short Program

2:40

Duration:

2 minutes 40 seconds

Jumps

- Double or triple Axel Paulsen
- Double or triple Lutz jump
- Jump combination consisting of a double and a triple jump (3-2) or two triple jumps (2-2)

Spins

- Flying sit spin
- Camel spin with only one change of foot
- Spin combination with only one change of foot

Steps

- Step sequence fully utilizing the ice surface

Free Skating

3:30

Duration:

3 minutes 30 seconds

A well-balanced Free Skating program must contain:

Jumps

Maximum of seven jump elements (one of which must be an Axel type jump)

Spins

Maximum of three spins: * one of which must be a spin combination * one a flying spin or a spin with a flying entrance * one a spin with only one position

Steps

Maximum of one step sequence